

# Pregnancy and COVID-19 Vaccinations

Protect yourself and your baby, get a COVID-19 vaccine.

**Are you pregnant or have recently given birth? Here is what you should know about getting the COVID-19 vaccine.**

## Why should I get vaccinated?

- Pregnant and recently pregnant patients are more likely to get severely ill with COVID-19
- The vaccine is safe
- The vaccine is recommended by CDC, ACOG\* and SMFM\*
- Getting a COVID-19 vaccine can protect you from severe illness from COVID-19 and protect the health of your baby

## While you receive your COVID-19 vaccine, you can also receive your:

- Flu vaccine
- Tdap vaccine

## I am breastfeeding. Is my baby safe if I get vaccinated?

Reports show breastfeeding mothers who have received the vaccine have protective antibodies in their breast milk, which could offer additional protection to the baby.

\*Centers for Disease Control and Prevention, the American College of Obstetricians and Gynecologists, and the Society for Maternal Fetal Medicine



## What happens if I'm diagnosed with COVID-19 while I'm pregnant?

You might experience:

- An increased risk of medical complications
- A need for greater oxygen support
- A need for immediate ICU admission
- Patients who get infected with COVID-19 during pregnancy are more likely to have a preterm birth and their babies are likely to have poor outcomes

## Vaccine Recommendations

COVID-19 vaccination is recommended for all people who are:

- Pregnant
- Breastfeeding
- Trying to become pregnant
- Might become pregnant

## I am planning to get pregnant. Should I get a COVID-19 vaccine?



Yes. There is not any evidence that any vaccine, including COVID-19 vaccines, cause fertility problems.



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To find a vaccine near you, visit  
[vaccine.ky.gov](https://vaccine.ky.gov)

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