



Online Diabetes Workshop: 2020 Schedule Options

All workshops cover the same information, for a total of 8 hours. Some are broken up into 1 or 2 hour sessions, spanning 4 weeks. Beginning dates are shown. New Workshops will be added for 2021. Email diabetes@lfchd.org or call Nancy at 859-288-2344 to register.

July

- Begins on July 14th: Every Tuesday at 12-2 pm, for 4 weeks.
- Begins on July 15th: Every Wednesday & Thursday at 12-1 pm, for 4 weeks.

AUGUST:

- Begins on Aug. 4th: Every Tuesday & Thursday at 11 am-12 pm, for 4 weeks.
- Begins on Aug. 6th: Every Thursday at 1-3pm, for 4 weeks.

SEPTEMBER:

- Begins Sept. 1st: Every Tuesday, 5:30-7:30 pm, for 4 weeks.
- Begins Sept. 30th: Every Wednesday at 10:00am-12:00 pm, for 4 weeks.

OCTOBER:

- Begins Oct. 29th: Every Thursday at 5:00-7:00 pm, for 4 weeks.